

MOUNTAIN PERFORMANCE GROUP

P.O. Box 2163 Orland Park, IL 60462 • (708) 955-7139

www.mountainperformancegroup.com



— Learn techniques to improve in all terrain conditions —

SKI/RIDER IMPROVEMENT CAMP

TO WINTER PARK, COLORADO • DECEMBER 3 – DECEMBER 8, 2017

Solutions for better skiing and snowboarding are the goals behind the creation of Mountain Performance Group (MPG). Founder Tom Gabrielse has a 45 year tradition of excellence in snowsports instruction. Seeking out like-minded instructors led to the formation of improvement camps with the involvement of the Winter Park Skier & Rider Improvement Center in 1997.

This camp provides an opportunity for you with your coach to create a positive change in your skiing or snowboarding abilities. This trip will improve your efficiency and skills on terrain variations including pitch, ice, crud, powder, and bumps. Your confidence skiing and riding the entire mountain will improve!

Mountain Performance Group also recognizes that skiing and snowboarding are equipment intensive sports. We feel your equipment works for you or against you. Our staff is a combination of PSIA instructors, USSCA coaches, and America's Best Bootfitters. There is no other venue better qualified to aid you with your skill development, equipment questions, or alignment issues.

Past participants continue to rave about results achieved at these camps. Join others who share your interest in improvement December 3 - December 8, 2017. You will advance your skiing and snowboarding to the next level and have fun doing it!

SCHEDULE OF DATES, TIMES AND VALUABLE EXTRAS

DATES: **DECEMBER 3 – DECEMBER 8, 2017**

- Skill Improvement Days – December 4 thru December 7, 2017
- Skill Improvement Times – 9:00 am - 12:00 pm
- Skill Improvement Times – 1:00 pm - 3:30 pm

Intro to Snowboarding and/or intro to Snowbiking may also be available in the afternoon for an extra fee.

CLASS SIZE: 7-8 Participants per Instructor/Coach (afternoon groups may be larger)

VALUABLE EXTRAS:

- A special video focused on **YOU!** - the 1st and last days.
- One Indoor Group Session on the MOGULSLOPE SNOW SPORTS TRAINER at CHICAGO SNOW STUDIO. (Date TBD) repetitive exercises on the trainer are proven to provide correct movement patterns prior to getting on snow. (\$95.00 value)
- Free Alignment Analysis provided by VIKING SKI SHOP, CHICAGO, customer must have custom insoles. (Available to Ski participants signing up before October 30th, 2017 (\$99.00 VALUE)

TRIP DETAILS:

- DECEMBER 3 – DECEMBER 8, 2017
- HOME JAMES TRANSFERS TO WINTER PARK
- 5 Nights Lodging at Alpenglow (Best Western) Winter Park, CO. (baggage handling not included)
- 5 BREAKFASTS
- 4 DAY LIFTS
- A.M. 4 DAY SKILL IMPROVEMENT (Groups of 7 - 8)
- 4 DAY AFTERNOON SKILL IMPROVEMENT

(PRICE DOES NOT INCLUDE AIRFARE

COACHING STAFF PROFILES

All of the coaches share a passion for improvement in their own coaching and stay current by acting as trainers and students of the sport they teach.

BOB BARNES: PSIA-RM Examiner, Two term Member PSIA National Alpine Demonstration team & Winter Park Skier/Rider Improvement Center Director. He continues to coach at many PSIA academies. Selector, PSIA National Demo Team Tryouts 2008 and 2012.

TOM GABRIELSE: PSIA-C Level III Instructor, Founder Mountain Performance Group, Represented PSIA-C at National Alpine Demo Team tryouts 1996. Participation in every PSIA National and International Academy since 1992. A near record in the PSIA organization. 45+ years ski instructor, Alignment Specialist Equipment tester for *Ski Press Magazine*. Epic Service Award, Vail Resorts 2016/2017 season.

JIM SHAW: PSIA-RM Instructor Trainer, Staff Trainer Winter Park Skier/Rider Improvement Center, Alignment Specialist. A *Ski Magazine* Top 100 Ski Instructor. PSIA-RM Examiner Alpine & Nordic. Demo Team Member for Nordic 2012-2016 Telemark Specialist.

BART SMITH: Level 3 AASI snowboard instructor, PSIA level 3 ski instructor, Winterpark Lead Staff Trainer/Examiner, 20+ years teaching experience.

APRIL LITTLEJOHN: Level 2 certified AASI snowboard instructor, movie industry stunt woman 15 years.

STEPHEN ATKINS: Level 2 certified AASI snowboard instructor, 3rd degree black belt in karate/instructor.

DAVE TAYLOR: Two time New Zealand National Demo Team member, Top New Zealand examiner/trainer, Winterpark training supervisor, 20+ years teaching experience.

JOY HOLLAND: PSIA Level 3, Winterpark Supervisor for 30+ years, Winterpark staff trainer, 40+ years teaching experience.

JEFF POE: WPSRS Private Lesson Supervisor, staff trainer, PSIA-RM Level III Instructor. 25+ years experience.

TOTAL PACKAGE:

\$1399.00 PER PERSON BASED ON DOUBLE OCCUPANCY

price subject to change without notice

\$1329.00 SUMMER SPECIAL SIGN-UP SPECIAL

sign-up by 8-25-2017

\$700.00 DEPOSIT WITH REGISTRATION

FULL PAYMENT 10-30-2017

REGISTRATION FORM

NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____

PHONE: _____ (HOME) _____ (WORK)

E-MAIL ADDRESS: _____

MAIL PAYMENT TO:

(checks only payable to)

MOUNTAIN PERFORMANCE GROUP, INC.

P.O. BOX 2163, ORLAND PARK, IL 60462

For more information call:

TOM GABRIELSE at (708) 955-7139

~ Or ~

gabrielse@sbcglobal.net